



Gail Marina Giunta, LMHC
Mental Health Counseling, PLLC
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Credit Card Policy and Procedure

Cancellations, Late fees, Rescheduling & No Shows

You will benefit most from therapy when you attend every week.

There are many different styles of therapy that may be effective, and it is important that you find the right fit for you.

I offer depth work, EMDR, Somatic & person-centered therapy which is most effective with regular sessions. Typically, clients come to me after frustration working with other therapists who are great listeners, but lack in providing direct feedback and collaboration on therapy goals. Therefore, clients report improvement and feel better supported. I require a commitment from clients to attend weekly therapy. I understand that our schedules change and there may be times you simply cannot make it in for your session.

You may cancel up to **3** sessions per calendar year without paying the session fee as long as you provide a week's notice. Most clients let me know during the session, which would be a week's notice. So notifying me on your scheduled session day would qualify a week in advance.

If you cancel any sessions beyond those **3** for any reason, you will be responsible for the cancellation fee of **\$205**.

I ask that you give me as much advance notice as possible when canceling a session. Late cancellations are sessions canceled less than a week before the scheduled session time. You will be responsible for the full fee.

These would not count toward your **3** free cancellations. You are welcome to explore options for rescheduling or making up a session, contingent upon availability.

If you are traveling, ill, or otherwise can't make it to an in-person session, teletherapy may also be an option. Obviously, if we are meeting virtually only, you may request rescheduling, again based upon availability with the week's notice.

If you are not able to attend or find a mutual time to reschedule the session, you are responsible for the full fee. Payment is due at the time of your regularly scheduled session and your credit card on file will be charged. Please complete authorization on the next page. If I am not able to attend a session, you will NOT be charged the fee.



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Please read through the below information carefully regarding Insurance copays and the Cancellation/Late Policy as there have been some misunderstandings lately about rescheduling/cancelling/late/no shows of sessions:

1. Insurance companies: your copays, and/or deductibles are what you pay per session; Insurance companies DO NOT pay for any late fees/cancellation fees; Insurance companies also do not pay therapists for cancelled sessions (thus the cancellation fee is in place so therapists can get paid for the time set aside weekly). This is to also “hold” your weekly time slot each week.

2. Cancellations and late fees are the responsibility of the client and will be collected via credit card through the signed Authorization payment (see the below).

The cancellation fee is \$205. The reason for increase is due to market value, rising cost of living, and the therapists areas of expertise which including professional development trainings, certifications, therapy and supervision, as well as the general economy.

3. It is ILLEGAL (FRAUD) for a therapist to “charge” or submit a claim through your copay/deductible for a session that you haven’t attended. If you aren’t at the session; I cannot charge your copay as a payment for a cancellation/late/no show fee. I have professional progress notes and other legal documents to document sessions; and can only charge copays for the sessions you ATTEND.



2 Ways to Access to Authorization Form:

1. Scan the QR code
2. Use this link: https://lonpccmn.formester.com/f/HvBkpBpB2?_cacheBuster=1777917086058&_height=1530&canva_app=1